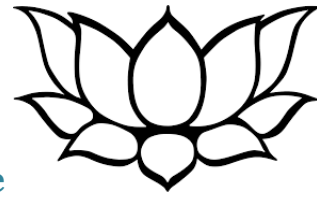


Yoga

Curriculum

Vitae



Resi Lankester Lucellestraat 7-III 1055 HS Amsterdam 06-29012388 resilankester@gmail.com
www.resilankester.nl

- **Pre Teacher Training Ashtanga Vinyasa System**
(Eva Ugolini, Shirley Woods, Claudia Pradella)
Delight Yoga Amsterdam, 2015
50 uur
- **Hatha Yoga Teaching**
KWF Kankerbestrijding Amsterdam, 2015 – heden
1 uur per week
- **Hatha Yoga Intensive Weekend**
(Daniel Strausser)
Yoia Yoga Schiedam, 2014
20 uur
- **Meditation/Silent Retreat Week**
(Daniel Strausser)
Ashram Sada Shiva Dham Loenen, 2014
40 uur
- **Workshop Emotions in Motion**
(Mariah Mansvelt Beck)
Delight Yoga Amsterdam, 2014
- **Workshop Yoga Adjustments**
(Katiza Satya)
Delight Yoga Amsterdam, 2014
- **Hatha Yoga Intensive Weekend**
(Daniel Strausser)
Yoia Yoga Schiedam, 2013
20 uur
- **Yoga Festival Terschelling**
(Daniel Strausser, Christine Hariang Michon, David Lurey, e.v.a.)
Terschelling, 2013
- **Basisopleiding Hatha Yoga Docent**
(Axel Persaud, Kim Bakker, Harmke Bekkema)
Yoga Point Utrecht, 2012
100 uur