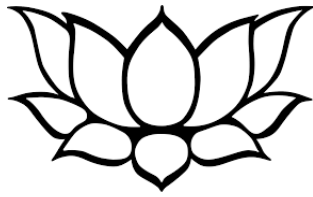


Yoga



“Practice, practice, all is coming...”

- **Pre Teacher Training Ashtanga Vinyasa System**
(Eva Ugolini, Shirley Woods, Claudia Pradella)
Delight Yoga Amsterdam, 2015
50 uur
- **Bedrijfsyoga - Hatha Yoga Teaching**
KWF Kankerbestrijding Amsterdam, 2015 – heden
- **Hatha Yoga Intensive Weekend**
(Daniel Strausser)
Yoia Yoga Schiedam, 2014
20 uur
- **Meditation/Silent Retreat Week**
(Daniel Strausser)
Ashram Sada Shiva Dham Loenen, 2014
40 uur
- **Workshop Emotions in Motion**
(Mariah Mansvelt Beck)
Delight Yoga Amsterdam, 2014
- **Workshop Yoga Adjustments**
(Katiza Satya)
Delight Yoga Amsterdam, 2014
- **Hatha Yoga Intensive Weekend**
(Daniel Strausser)
Yoia Yoga Schiedam, 2013
20 uur
- **Yoga Festival Terschelling**
(Daniel Strausser, Christine Hariang Michon, David Lurey, e.v.a.)
Terschelling, 2013
- **Basisopleiding Hatha Yoga Docent**
(Axel Persaud, Kim Bakker, Harmke Bekkema)
Yoga Point Utrecht, 2012
100 uur